

Rod Drebert Cross Country Schedule

Event #	Category Time		Group	Distance
	10:00 AM	Course Walk Through		
1	10:30 AM	Grade 3	Girls	1200 m
2	10:40 AM	Grade 3	Boys	1200 m
3	10:55 AM	Grade 4	Girls	1200m
4	11:05 AM	Grade 4	Boys	1200 m
5	11:20 AM	Grade 5	Girls	1200 m
6	11:30 AM	Grade 5	Boys	1200 m
7	11:45 AM	Grade 6	Girls	1200 m
8	11:55 AM	Grade 6	Boys	1200 m
9	12:10 AM	Junior	Girls	2000 m
10	12:20 PM	Junior	Boys	2000 m
11	12:35 AM	Intermediate	Girls	3000 m
12	12:50 AM	Intermediate	Boys	3000 m
13	1:05 PM	Senior	Girls	3000 m
14	1:25 PM	Senior	Boys	3000 m
15	1:45 PM	High School	Girls	4 km or greater
16	2:10 PM	High School	Boys	4 Km or greater

Junior- 12 years old as of September 1 of that school year.	Birthday must be Sept. 1, 2012 or later
Intermediate- 13 years old as of September 1 of that school year.	Birthday must be Sept. 1, 2011 or later
Senior- 14 years and older as of September 1 of that school year.	Birthday must be Sept. 1, 2010 or later